Queensland Race Walking Club Inc.

Building on a fine tradition of race walking, 68 years in the making.



February 1st 2024

Queenslanders Excel in Canberra 10,000 metres



Photo & caption courtesy of Shane Pearson

"New Australia under 18s Record holder and under 18s World Number 1 Bailey Housden with Canadian and honorary QRWC member after the 2018 Commonwealth Games, Evan Dunfee."

Outstanding efforts by Queenslander race walkers at the Supernova 10,000 metre race in Canberra last weekend. Bailey Housden walked a big pb time of 41:30.77 to claim the Australian U18 record. Sam McCure walked a pb time of 44:25.95 and Tayla Billington walk a fine time of 47:37.57 in the women's event. Unfortunate for Alex in being unable to finish but for all athletes onwards and upwards to greater things

Supernova: World Athletics Race Walking Tour 10,000 metres AA press release

Canada's Olympic bronze medallist Evan Dunfee has delivered the performance of his lifetime with a new national record in Canberra, while Australia's global medallist Jemima Montag toppled a world-class field at the Supernova: World Athletics Race Walking Tour Bronze meet this weekend. Crossing the line in 38:25.42, the 33-year-old shattered his previous national record by more than 10 seconds (38:36.37) as he opened up his Olympic campaign in style.

While Australians Rhydian Cowley and Kyle Swan set a commanding pace, storming through the halfway mark in 19:30, the Canadian waited patiently to make his move in the last half of the race – a strategy that saw him win by a convincing 20 seconds.

"This was the first big test of the year, and I really think this was my best-executed race ever. The goal was to come out and sit on the leader for the first five kilometres and then kick down," Dunfee said. "Closing in is something I've been really working on for the 20km, so I wanted to move in late in the race, kick down and get that negative split. In that last couple of kilometres, I realised that if I was able to hold that pace, I could get that record." Dunfee's new record has him hungrier to extend his Olympic success this year in Paris. "Last year I opened up 39:46 in Canberra and went on to finish fourth at Worlds, and 80 seconds quicker to start this year – that's got to bode well for the summer and I'm excited to see what we can do in Paris with these old legs."

While Dunfee claimed the top spot, Australia's race-walking talent made waves over 25 laps. Swan and Cowley showcased their determination and skill, securing second and third place, respectively, both achieving new lifetime best times, thanks to their work setting the pace over the first five kilometres. Swan's 38:46.99 saw the Tokyo Olympian shave more than 30 seconds off his previous best, while two-time Olympian Cowley continued his progression with a 19-second best as he crossed the line in 38:55.20. "It was awesome to have those guys and walk 19 and a half minutes through five kilometres. There aren't many races in the world you can get a pack that can do that and we all benefited today. They did a fantastic job with the pace and it was terrific to see them both achieve PBs," Dunfee said of his competitors.

Australia's junior talent shone brightly throughout the race, with seven burgeoning race walkers dipping below the qualifying standard for the World Under 20 Championships in Lima, Peru this August. Australian representative Marcus Wakim (41:29.32) was the fastest of the juniors, placing ninth overall, as Bailey Housden (41:30.77) continued his rise to stardom with a new Australian Under 18 national record, while Owen Toyne (42:13.86), John Ronan (42:15.14), Riley Coughlan (42:17.05), Will Bottle (42:43.34) and Dylan Richardson (43:14.18) displayed their talents as they launch their bids for team selection.

Day One of the Supernova belonged to global medallist Jemima Montag who delivered a warning to the world's best race walkers when opening her Paris campaign as she dismantled one of the best fields ever assembled on Australian soil. Stopping the clock in 43:14.78 at the meet on Saturday, Montag clinched the honours instyle ahead of Olympic silver medallisst

Lorena Arenas (Colombia, 43:27.48), Clemence Beretta b(France, 43:35.32), Hong Liu (PR China, 44:05.50) and Antigoni Ntrismpioti (Greece, 44:39.83).

Former 20km world record holder Liu set the early pace when clearing out with Montag and Arenas, while Beretta made a bold bid mid-race move to join the leaders, but it was the Australian who delivered a dazzling final five laps to stake her claim ahead off the 2024 Australian 20km Race Walking Championships in Adelaide on February 11.

Olympian Rebecca Henderson (45:19.19) and World Championships representatives Allanah Pitcher (45:30.54) and Olivia Sandery (46:17.39) were the next three athletes across the finish line of the star-studded affair.

RESULTS RESULTS

Womens 10,000 Metres

- 1 Jemima MONTAG VIC 43:14.78 SB
- 2 Sandra ARENAS COL 43:27.48 SB
- 3 Clémence BERETTA FRA 43:35.52 PB
- 4 Hong LIU CHN 44:05.50 SB
- 5 Antigoni NTRISMPIOTI GRE 44:39.83 SB
- 6 Rebecca HENDERSON VIC 45:19.33 SB
- 7 Allanah PITCHER NSW 45:30.53 PB
- 8 Olivia SANDERY SA 46:17.39 SB
- 9 Priyanka GOSWAMI IND 46:22.26 PB
- 10 Alexandra GRIFFIN WA 47:12.46 PB
- 11 Austeja KAVALIAUSKAITE LTU 47:17.64 PB
- 12 Hannah MISON NSW 47:21.65 SB
- 13 Hannah BOLTON NSW 47:27.34 PB
- 14 Brigita VIRBALYTĖ-DIMŠIENĖ LTU 47:29.48 SB
- 15 Tayla BILLINGTON QLD 47:37.57 SB
- 16 Elizabeth MCMILLEN NSW 48:23.18 SB
- 17 Kate SIVIOUR VIC 48:34.71 PB
- 18 Zoe WOODS NSW 48:51.90 PB
- 19 Sienna PITCHER NSW 49:17.35 PB
- 20 Alanna PEART VIC 49:47.75 SB
- 21 Maddison NASH VIC50:39.84 PB
- 22 Bridget BELL NSW 51:18.87 PB
- 23 Chelsea ROBERTS NSW 51:26.77 PB
- 24 Laelia BYATT NSW 1:02:31.76 PB
- 25 Jessey BEKTAS NSW 1:03:31.68 PB
 - Nellie LANGFORD SA DNF
 - Julia GROCOTT ACT DNF
 - Samantha FINDLAY SA DNS
 - Daisy BRAITHWAITE SA DNS
 - Hana JUGOVIC ACT DNS

Mens 10,000 Metres

- 1 Evan DUNFEE CAN 38:25.42 PB
- 2 Kyle SWAN VIC 38:46.99 PB
- 3 Rhydian COWLEY VIC 38:55.20 PB
- 4 Timothy FRASER ACT 39:16.75 PB
- 5 Corey DICKSON VIC 40:42.97 PB
- 6 Mitchell BAKER ACT 40:53.86 PB
- 7 Marius ŽIŪKAS LTU 41:05.10 SB
- 8 Carl GIBBONS NSW 41:19.16 PB
- 9 Marcus WAKIM VIC 41:29.32 PB

10 Bailey HOUSDEN QLD 41:30.77 PB

- 11 Artur MASTIANICA LTU 42:08.86 SB 12 Owen TOYNE ACT 42:13.86 PB
- 13 John RONAN WA 42:15.14 PB 14 Riley COUGHLAN VIC 42:17.05 PB
- 15 Will BOTTLE TAS 42:43.34 PB
- 16 Dylan RICHARDSON NSW 43:14.18 SB
- 17 Sam MCCURE QLD 44:25.95 PB
- 18 Jonah CROPP NZL 44:47.59 PB
- 19 Kodi CLARKSON ACT 44:47.69 PB
- 20 Jack MCGINNISKIN NSW 44:47.98 SB
- 21 Gwyllym YOUNG ACT 46:49.51 SB
- 22 Joel BYATT NSW 47:38.88 PB
 - Isaac BEACROFT NSW DNF
 - Tristan CAMILLERI DNF
 - Alex BRADLEY QLD DNF
 - Will THOMPSON VIC DNS
 - Fraser SAUNDER VIC DNS

THIS WEEK

There are four race walk events on this Saturday, February 3rd at the SAF.

Queensland Masters start at 8.00 with a 3,000 metre walk and at 10am have 1,500 metres event

At **the QA Shield meet** on Saturday night the 3,000 metres starts at 8.20pm and the 5,000 metres at 8.50pm.

Australian 20km & Under Age Race Walking Championships War Memorial Drive, Adelaide February 11th 2024

Programme

7:00 AM	20km Race Walk	Men Senior
7:00 AM	20km Race Walk	Women Senior
7:15 AM	10km Race Walk	Men U20
7:15 AM	10km Race Walk	Women U20
7:45 AM	5km Race Walk	Boys U16
7:45 AM	5km Race Walk	Boys U18
7:45 AM	5km Race Walk	Girls U16
7:45 AM	5km Race Walk	Girls U18
8:00 AM	3km Race Walk	Boys U14
8:00 AM	3km Race Walk	Girls U14

Queensland Entrants

Alex Bradley U20 10km Race Walk Bailey Housden U20 10km Race Walk Isabella Welch U14 3km Race Walk Kirstin Shaw 20km Race Walk Mia Bergh U20 10km Race Walk Milly Sharpe U18 5km Race Walk Sam McCure U20 10km Race Walk Tayla Billington 20km Race Walk Taylah Morris U18 5km Race Walk

20km Race Walk Men

Dylan RICHARDSON NSW

Evan DUNFEE CAN

Carl GIBBONS NSW

Rhydian COWLEY VIC

Will THOMPSON VIC

Kim MOTTROM SA

Leo KÖPP GER

Tristan CAMILLERI SA

Mitchell BAKER ACT

Geromi TUCKER VIC

Fraser SAUNDER VIC

Chun Hung TSE HKG

Timothy FRASER ACT

Alejandro STEPHENS VIC

Marius ŽIŪKAS LTU

Edmund SIM SGP

Artur MASTIANICA LTU

Jack MCGINNISKIN NSW

Kyle SWAN VIC

Corey DICKSON VIC

20km Race Walk Women

Laura LANGLEY NZL

Sandra ARENAS COL

Olivia SANDERY SA

Antigoni NTRISMPIOTI GRE

Rebecca HENDERSON VIC

Priyanka GOSWAMI IND

Bridget BELL NSW

Samantha FINDLAY SA

Clémence BERETTA FRA

Allanah PITCHER NSW

Elizabeth MCMILLEN NSW

Alanna PEART VIC

Hong LIU CHN

Brigita VIRBALYTĖ-DIMŠIENĖ LTU

Austeja KAVALIAUSKAITE LTU

Char HAY VIC

Jemima MONTAG VIC

Kirstin SHAW QLD

Tayla BILLINGTON QLD

Hannah BOLTON NSW

Arnika NELSON NZL

Kelly RUDDICK VIC

Hannah MISON NSW

Kate SIVIOUR VIC

10km Race Walk Men · U20

Riley COUGHLAN VIC

John RONAN WA

Kodi CLARKSON ACT

Owen TOYNE ACT

Marcus WAKIM VIC

Bailey HOUSDEN QLD

Will BOTTLE SA

Isaac BEACROFT NSW

Alex BRADLEY QLD Sam MCCURE QLD

10km Race Walk Women · U20

Zoe WOODS NSW

Hana JUGOVIC ACT

Jasmine CRABB SA

Chelsea ROBERTS NSW

Alexandra GRIFFIN WA

Sienna PITCHER NSW

Maddison NASH VIC

Daisy BRAITHWAITE SA

Mia BERGH QLD

3km Race Walk Women · U14

Adele WOODWARD TAS

Isabella WELCH QLD

5km Race Walk Men · U18

Samuel LINDSAY TAS

Alexander SINNETT NSW

Sebastian RICHARDS SA

Oliver MORGAN TAS

Cooper RECH SA

5km Race Walk Women · U16

Matilda RECH SA

5km Race Walk Women · U18

Angelina LEGRAND SA

Kaytee BOGAERS WA

Grace BECK NSW

Katie DE RUVO SA

Taylah MORRIS QLD

Elise SCOTT SA

Milly SHARPE QLD

Track Season 2024

QA 2024

QA Shield Meet February 3rd SAF

8.20pm 3,000

8.50pm 5,000 metres

QA Shield Meet February 17th SAF

7.10pm 3,000 metres Walk

7.40pm 10,000 metres walk Championships

QA State Championships March 14-17th SAF Main Track

Saturday March 16th

8:30am 3000m Walk Finals U13 - U16 Female

9:00am 3000m Walk Finals U13 - U16 Male

Sunday March 17th

8:30am 5,000m Walk Final U17/U18 Female

8:30am 5,000m Walk Final U17/U18 Female

OMA 2024 Calendar

3rd February 2024

8.00 3000m Run / Race Walk

10.10 1500m Run / Race Walk

10th February 2024

8.10 3000m Run/Walk **QMA State Championships**

9.40 1500m Run/Walk

17th February 2024 Saturday Venue

8.10 3000m Run/Walk

24th February 2024 Saturday

9.00 1500m run/walk

25th February 2024 Sunday

8.15 3000m Run/Walk

9.30 800m Run/Walk

Saturday 9th March

8.00am M30+ W30+ 5000m Walk **QMA State Championship**

Sunday 10th March

9.00am M/W30+ 1500m Walk **QMA State Championship**

24th March 2024

8.00 3000m Run / Race Walk

QRWC 2024 ROAD WALK SEASON DRAFT ONLY

MONTH	DATE	EVENT	VENUE
February	10	QMA 3,000 Metres Championships	SAF
	11	AA 20KM & Age Road Walk C/Ships	Adelaide SA
	17	QA 10,000 metres Track C/ships	SAF
March	3		
	9-10	QMA Track Championships	SAF
	14-17	QA Track Championships	Main Track QSAC
	22-24	QLAA State Championships	QSAC
	29 -1	AMA National Championships	Hobart
	31	Easter Sunday	
April	7	QRWC Sign On Meet /AGM	
	11-19	AA U14-Open Track Championships	Adelaide SA
	14		
	21	QRWC Handicap Meet 1	
	28	QRWC Handicap Meet 2	
May	5	Gold Coast Championships	
	12	Mother's Day	No club competition
	19	QRWC Handicap Meet 4	TBA
	26	QRWC Handicap Meet 5	TBC
June	2	QRWC Handicap Meet 6	TBA
	9	LBG Federation Meet	Mt Stromlo Canberra
	16	QRWC Handicap Meet 7	TBA
	23	QRWC Handicap Meet 8	TBA
	30	QRWC Handicap Meet 9	
July	7	Gold Coast Marathon	Southport
	14	RWA Postal Challenge	TBC

	21		QRWC Track Championships	TBC
	28		QRWC Handicap Meet 10	TBC
August	3	Saturday	QA Road Walk Championships	TBC
	11			
	18		QRWC Club Championships	TBC
	25		2 ND RWA Federation Meet	Melbourne
September	1		Father's Day	
	8		Relay /BBQ/ Presentation Day	Sandgate Lagoon
November	3			
	10		Pan Pac Masters 10km Road Walk	Runaway Bay



Tasmanian Masters Athletics is excited to announce that the Australian Masters Athletics National Track and Field Championship will be held in Hobart, Tasmania in 2024.

Registrations Now Open Register - amahobart2024.com.au Final entries Close - Sunday 29 February 2024 at 9pm No late entries can be accepted under any circumstances.

Venue: Domain Athletic Centre

Walk Schedule

Friday March 29th 1,500 metres Saturday March 30th 5,000 metres Monday April 1st 10km Road Walk

For more information go to amahobart2024.com.au

Australian Athletics Championships

Adelaide | 11-19 April, 2024

Walks Programme

Thursday April 11th

9.00am 10000m Race Walk U20 Men

9.00am 10000m Race Walk Open Men

6.00pm 10000m Race Walk U20 Women

6.00pm 10000m Race Walk Open Women

Tuesday, 16 April

9.10am 5000m Race Walk U17 Men

9.10am 5000m Race Walk U18 Men

10.45am 5000m Race Walk U17 Women

10.45am 5000m Race Walk U18 Women

Wednesday, 17 April

1.50pm 3000m Race Walk U14 Men

1.50pm 3000m Race Walk U14 Women

4.45pm 3000m Race Walk U15 Men

4.45pm 3000m Race Walk U16 Men

Thursday, 18 April

10.30am 3000m Race Walk U15 Women 10.30am 3000m Race Walk U16 Women



The QRWC is a member of the Australian Federation of Race-Walking clubs and there are two annual Federation Carnivals you are all encouraged to support.

If you are able to travel interstate in 2024 to compete mark these in your calendar.

1st Federation Carnival

Sunday 9th June 2024 Stromlo Forest Park, Canberra 57th Annual Lake Burley Griffin Walking Carnival

2nd Federation Carnival

Sunday, August 25th, 2024. Melbourne Race Walking Australia Winter Championships Events from U10's to Masters No details have been released but historically Federation carnivals present awards for individual, teams and handicap performances

2024 AMA 20km championships Update from George White Secretary SA Masters Athletics Inc

I have decided to go with Sunday August 25th for this years AMA 20km walk championship. This date is when Victoria is hosting the National Open 20km event and is also the date of the 20km Walk at the World Championships in Gothenburg. This will allow anyone entering the Open event or the World Champs to also enter the AMA event as a postal entry. While we encourage everyone else to come to Adelaide for the event, we acknowledge that some cannot travel and I hope that all other states/territories will organise their 20km event on the same day. However, if this is not possible then in the two weeks prior and the two weeks following the 25th August, i.e. between Sat 10th August and Sunday 8th September.



Antalya, Turkey April 21st 2024

This will be the second time that Turkey has hosted a World Athletics Series event, following the 2012 World Athletics Indoor Championships, held in Istanbul. Some 500 athletes from 50 countries are expected to compete in Antalya next year in what will be a qualifying event for the Paris Olympic Games.



QRWC to host 10km Road Walk at the 2024 Pan Pacific Masters Games

Pan Pacific Masters Games

REGISTRATIONS OPEN 1 MARCH 2024 (9AM QLD)

The venue will be the Luke Harrop Cycle Circuit, Oxley Drive, Biggera Waters (behind the Runaway Bay athletics track).

DATE CONFIRMED Sunday 10 November 7:00am start

Age is determined as at race day / Minimum age for competition is 30 years Age Divisions 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+

The track and field competition is as scheduled below (most likely the 5,000 metres on the Friday and the 3,000 metres on the Saturday)

Friday 8 November estimated start time 9 am

Saturday 9 November estimated start time 10:30 am

Sunday 10 November estimated start time 10:30 am

WORLD ATHLETICS RACE WALKING TOUR 2024

04 FEB 2024 XXXVI GRAN PREMIO DE MARCHA ATLÉTICA ESP

11 FEB 2024 OCEANIAN & AUSTRALIAN 20KM RACE WALKING CHAMPIONSHIPS ADELAIDE AUS

24 FEB 2024 SPANISH OPEN 20KM CHAMPIONSHIPS ZARAGOZA ESP

03 MAR 2024 CHINESE RACE WALKING GRAND PRIX TAICANG CHN

09 MAR 2024 MARATHON RACE WALK MIXED RELAY TAICANG CHN

16 MAR 2024 43RD DUDINSKA 50 DUDINCE SVK

06 APR 2024 92ND PODĚBRADY WALKING PODĚBRADY CZE

05 MAY 2024 3RD KORZENIOWSKI RACE WALKING CUP WARSZAWA POL

11 MAY 2024 31ST GRANDE PRÉMIO INTERNACIONAL DE RIO MAIOR EM MARCHA ATLÉTICA RIO MAIOR POR

18 MAY 2024 XXXVII GRAN PREMIO CANTONES DE A CORUNA DE MARCHA LA CORUÑA ESP

25 MAY 2024 ZÁHORÁCKA DVADSIATKA BORSKY MIKULÁS SVK

06 OCT 2024 III GRAN PREMIO INTERNACIONAL FINETWORK MADRID MARCHA MADRID ESP

26 OCT 2024 LUSATIAN INTERNATIONAL RACE-WALKING MEETING ZITTAU GER

OLYMPIAD PARIS 2024

Walks Schedule

Thursday August 1st 7:30am 20km Race Walk Men 9:20am 20km Race Walk Women

Wednesday August 7th Marathon Race Walk Mixed Relay with 25 teams, each comprising one male and one female athlete, who will complete in four legs of approximately equal distance. Each athlete will complete two legs of just over 10km each, alternating male, female, male, female.

Note that, in Paris, there will be a cut off time of 3h20m and teams who have not completed the marathon distance will be classified at the position at which they cross the finish line after the cut-off time.

ORWC MEMBERSHIP 2023/24

Old Racewalking Club is excited to announce that we have opened up our registration portal to members who wish to register with QRWC with a view to representing QRWC at QA meets in the coming year.

Our membership year will now commence in October each year to align with Qld Athletics' (QA) membership year. This will allow athletes wishing to compete at QA events representing ORWC, to take out a combined ORWC/OA membership in or after October each year. Once registered, athletes can represent QRWC at the various QA competitions held throughout the year, including the QA Road Walking Championships, QA Shield Meets and Qld Athletics Championships. Please note that OA offers 3 levels of membership. More information can be found at https://cdn.revolutionise.com.au/site/ggmoo3oyiea1blrd.pdf

Of course, for those athletes not wishing to compete at or represent QRWC at QA events, QRWC will retain the current membership options whereby only the QRWC club fee (ie. \$15 Student/\$25 Non-Student) will apply. This membership can be taken out at any time prior to the start of the QRWC winter season in April 2024.

All QRWC memberships taken out from this point onwards, irrespective of whether a QA membership is also included, will remain valid until September 2024 and will cover the traditional QRWC winter racewalking season.

> \$15.00 Students

Membership non-students Fee:

*club fee on top of Qld Athletics membership (Base \$12, Gold \$110,

Platinum \$220)

All our committee members, coaches, officials and volunteers are urged to register with QA for \$0 and to please check that your Blue Card is valid.

Our Volunteers – We need you to

For all our road walk and track meets we need the help of our members to set up and run the meets in a safe and organised manner. Please feel free to offer your services whether it be as a judge, timekeeper, setting out the course or helping to pack up. All assistance is greatly appreciated. We especially need lap scorers. If you would like to help out, please talk to any member of the Committee.

Everyone who helps out to run our events are volunteers who freely give up their time so that our athletes can race. Please treat them with respect and appreciation at all times and offer to assist them whenever possible. Without judges, timekeepers and lapscorers we don't have a race walk competition we just have a walk and no matter how fast you go your result will not be official or accepted for qualifying purposes. Judges are there to ensure no one gets an unfair advantage and to assist the athletes. If you get a caution or a report, use it as a learning experience. Find out what you have done wrong from the judge and talk to your coach to see if you need to correct your technique. If you do nothing and just blame the judges, then you will never learn or get ahead in the sport.

Queensland Athletics Member Protection Policy

As a member of Athletics Australia, Queensland Athletics, an affiliated club or an individual member everyone is required to comply with the Queensland Athletics Member Protection Policy. We are committed to the health, safety and general well-being of all of our members and will work to ensure that everyone associated with our organisation complies with this policy. We would encourage all who are involved in athletics to familiarise themselves and comply with this policy.

You can read the full policy here

 $\frac{http://www.qldathletics.org.au/Portals/50/General/QA\%20Member\%20Protection\%20Policy\%20-\%20July\%202015.pdf$

All our members, whether an athlete, coach, volunteer official or a parent should be aware of their obligations and responsibilities under these policies.

Who this Policy Applies To

This policy applies to the following, whether they are in a paid or unpaid/voluntary capacity:

- Parents, guardians, spectators and sponsors to the full extent that is possible.
- Individuals appointed or elected to boards, commissions, committees and sub-committees;
- Employees and volunteers; Support personnel (e.g. managers, physiotherapists, psychologists, masseurs, sport trainers, etc);
- Coaches and assistant coaches (whether or not they are accredited)
- Athletes, coaches, officials and any other personnel participating in any teams, events and activities, including camps and training sessions, conducted or sanctioned by Queensland Athletics Referees, judges and other officials.
- Members, including life members.
- Member associations and each of its members, including life members.
- Affiliated clubs and associated bodies of Queensland Athletics;
- Peak associations and other State bodies engaged in any form of athletics.
- Any other person or body that is a member of or affiliated to Queensland Athletics.

Code Of Conduct/Behaviour Queensland

Athletics requires every individual and body bound by this policy to: QA Member Protection Policy – July 2015

- 4.1 Be ethical, fair and honest in all their dealings with other people and Queensland Athletics:
- 4.2 Treat all persons with respect and courtesy and have proper regard for their dignity, rights and obligations;
- 4.3 Always place the safety and welfare of children above other considerations;

- 4.4 Comply with Queensland Athletics', Athletics Australia's, the IAAF's, the National and International Olympic and Paralympic Committees' constitution, rules and policies including this Policy;
- 4.5 Operate within the rules and spirit of the sport;
- 4.6 Comply with all relevant Australian laws (federal and State), particularly antidiscrimination and child protection laws;
- 4.7 Be responsible and accountable for their conduct; and
- 4.8 Abide by the relevant specific Codes of Conduct referred to in Part B of this Policy.

Racewalking Queensland Management Committee 2023/24

President: P Bennett

Vice President. J-R McRoberts **Secretary:** N. McKinven

Treasurer P Sela/N McKinven

Committee: Shane Pearson, Joanne McRoberts, John McRoberts, Jas Blackburn, Megan

Housden, Ignacio Jimenez Patrons: Patrick & Maxine Sela Registrar: S Dale / C Chadwick

Handicapper A Guevara / N McKinven

Uniforms: S Dale

Publicity / Media D Sibenaler **Results** R Wales / N McKinven **Newsletter Editor**: P. Bennett

Equipment Officer. Stephanie McCure plus Ignacio Jimenez & Noela McKinven

Canteen Convenor. Vacant, but to be by roster.

Club Captains: Jasmine-Rose McRoberts / Sam McCure

Race Walk Coaching

If you are looking for coach or would like to be part of a training squad here are the qualified coaches in the club:

Noela McKinven Walks Level 4

Robyn Wales Walks Level 3

Shane Pearson Walks Level 3

Steve Langley Walks Level 2

Jasmine-Rose McRoberts Level 2 Club coach

Argenis Guevara Level 1

Katya Martin Level 1

Contact emails:

<u>qrwc1@optusnet.com.au</u> Membership, coaching or general enquiries about the club <u>racewalkqld@outlook.com</u> Articles for the newsletter, to send in results, to join newsletter mailing list.

About us

Racewalking Queensland conducts its own winter road walk programme from April until September. Thank you to all our contributors of results & reports to this newsletter. We value your input.

For news and information on the Australian Federation of Race Walking (Racewalking Australia) and the member clubs go to www.rwa.org.au

RWA Facebook page https://www.facebook.com/racewalkingaustralia/